NAMI Central Kansas

National Alliance on Mental Illness

Mental Illness Peer & Family Support Group

A free, peer-led support group for any adult who has experienced symptoms of a mental health condition. Adults with loved ones who have lived experience are also welcome. You will gain insight from hearing the challenges and successes of others, and the groups are led by trained leaders who've been there.

This In-Person Meeting Takes Place Every: 2ND TUESDAY from 7PM-8:30PM

Salina Resource Center, 315 S. Broadway, Salina, KS 67401

Masks are welcome, but not necessary if you have been vaccinated.

For more information about NAMI Kansas, please visit **https://namikansas.org/**